



Activities for the 50+

Annual General Meeting

February 26, 2025

At 1:30pm

Draft Agenda- AGM- February 26,2025- 1:30 pm

1:30 1. Call to Order and Welcome

2. Establishment of Quorum

3. a) Presentation of Draft Agenda

b) Motion to Adopt Agenda

4. a) Review Minutes of AGM February 28, 2024

b) Motion to Approve Minutes

5. Business Arising from Minutes

a) Grant from New Horizons for Seniors and 2024 application- Mike McCormick

b) Grants from other Sources- Mike McCormick

c) Covid- 19 Update- Madeleine

d) Garrison Market- Madeleine

e) Senior Centre Without Walls- Madeleine

f) City of Fredericton Master Plan- Presentations by SSSC

6. Moment of Remembrance

7. Reports

a) President - Madeleine Gaudet

b) Treasurer - Mike McCormick

i) 2025 Budget

ii) Review of 2024 Financial Statement

iii) Motion to Approve Bookkeeper for 2025 Review.

c) Coordinator - Krista Wilson

- d) Communications- Shelley Petley
- e) Events/Fundraising- Krista Steeves
- f) Membership - Liz Morency
- g) Program - Marie Lewis
- h) Volunteer- Sandra Dewar
- i) Document Review- Anne Marie Hartford
- j) City of Fredericton- Kate Baird
- k) Motion to Adopt Reports

8. Nomination Report- Madeleine Gaudet

9. Election of Board Members

10. Volunteer of the Year Award

11. New Business

a) Comprehensive Strategic Plan

Over the year, begin the work on an In-house Strategic Plan that will focus on the Centre's values, programs, services, partnerships and vision for the future (time frame to be determined) with involvement of members in a Working Committee; expanding out to gather input from the general membership through focus groups, surveys, etc; former members; and partners.

ANNUAL GENERAL MEETING
Location: Stepping Stone Senior Centre
Date: February 28, 2024

1. The meeting was called to order by Madeleine Gaudet, President, at 1:30 p.m. Madeleine welcomed members to the meeting.
2. **Quorum:** A Quorum was established, and the meeting went forward. Members were present in person and by Zoom.
3. (a) **Presentation of Agenda:** there were no additions to the agenda.
(b) **Motion to Adopt Agenda:** motion to approve agenda moved by Myrna and seconded by Heather. Motion carried.
4. (a) **Review Minutes (March 1&10, 2023):** minutes were reviewed and one change for March 1, 2023: #7 Nominations – Anne Marie Petrie changed to Anne Marie Hartford.
March 10, 2023: one change made, page 2, Election of Officers – Anne Marie Petrie changed to Anne Marie Hartford.
(b) **Motion to Approve Minutes:** motion to approve minutes moved by Beryl and seconded by Krista Steeves. Motion carried.
5. **Business Arising from Minutes:**
 - (a) **New Horizons for Seniors (Mike McCormack):** Mike reported this is a Federal Program. It helps seniors who may be isolated, alone, experiencing elder abuse etc. SSSC did an application for funding. If approved, funding would go towards developing a Strategic Plan (main item), Promotional Printing & Graphics and the Purchase of a Video Camera. It will also help SSSC to decide what direction to go as an organization. Mike suggested a survey be done with current and past members to get their perspective.
 - (b) **Covid-19 (Madeleine Gaudet):** key points from Madeleine were:
 - New Brunswick Covid-19 hazard index is the highest in Canada.
 - N.B.'s hospitalizations are 8x higher. 1 in 20 are infected.
 - N.B.'s deaths are 22x higher.
 - N.B.'s long Covid is 15x higher.
 - Last few months, almost all recorded deaths have been in the 65+ age group.
 - (c) **Garrison Market (Madeleine Gaudet):** the Centre had a table at the Thursday night market. volunteers handed out calendars, promotional material and sold jams and tea biscuits. It was a way to bring the Centre to the community.
6. Madeleine asked for a moment of silence for members who have passed this past year.
7. **Reports: (see full reports in AGM package)**
 - (a) **President's-Madeleine Gaudet:**

- The Lieutenant Governor's Award for Excellence in Aging was accepted by Madeleine on behalf of Stepping Stone Senior Centre.
- A partnership with the Cultural Centre was established.
- Musical Concert on December 10, 2023, was held at the Cultural Centre in support of CBC Feed-a-Family Campaign. Madeleine delivered a cheque for \$1000 to the open house at CBC on December 15, 2023.
- SSSC was a warming station for participants on the Coldest Night of the Year. Tea/Coffee/Hot Chocolate was provided for participants.
- A table was set up on Thursdays at the Garrison Market.
- On October 1, 2023, the first Open House at SSSC was held with music and refreshments.
*Myrna commented that it is a wonderful thing to have the partnership with the Cultural Centre.

(b) Treasurer's-Mike McCormack:

- In 2023, the Centre received a federal grant which helped with staffing of summer students.
- \$2500 was received from the Shannex Cares Community Spirit Fund.
- 2023 had a projected deficit of \$10,650.00, but the Centre ended up with a surplus of \$5,000.00, due to fundraising events like breakfast, selling of jam and Friend's Program, helping the Centre to be on the plus side.
- \$37,550.00 investment remains intact. Investment is a GIC with low interest rate and rolls over.
- For 2024, there is a projected deficit of \$6,525.00. The main reason for the deficit is operating costs. (see Kelly Richard's Review Letter in AGM package)
*Heather Williams asked what the investment was. Mike reported it is a GIC with low interest rates and rolls over.

Motion to Approve Budget moved by Krista Steeves and seconded by Beryl Smith.
Motion carried.

(c) Coordinator's-Krista Wilson: (ongoing work)

- Set up Zoom for programs and committee meetings (online/in person) and monitor use.
- Attend and report to Board, Program Committee, Fundraising/Events Committee and Communication Committee meetings.
- Record daily finance totals. Prepare bank deposits 3x a month.
- Prepare and send out weekly updates and calendar.
- Mentor and supervise summer students.
- Creation of a new improved website. Maintain SSSC profile on social media (Facebook/Website).
*Board members thanked Krista for all her work.

Fundraising/Events-Krista Steeves:

- There are over 25 volunteers that help with breakfasts, this includes members, friends, international students and former intern students. The volunteer pool has increased. The cost to put on breakfast is \$500 and the goal is to have a sponsor for each breakfast.
- Jam sales generated \$3,967.45 instead of a projected total of \$1,200.00.
- Total revenue for 2023 fundraising events was \$24,365.40, minus expenses of \$6,484.08.
- For the month of March, the Blue Canoe has a table for four, and any money from sale of food will be split with SSSC (10%). Ask for the charity table.
*Member asked if there was a sponsor for March? No.
*Kathy suggested to reach out to the Chamber of Commerce in regard to sponsorship.

(d) Membership-Liz Morency:

- Membership for 2023 was 559; an increase of 100 from 2022. Krista has a list of members on the computer.
- SSSC had budgeted \$13,000.00 income for membership fees and the goal was reached.
- Fee per member for 2023 was \$25.00 and at the end of September the fee was \$10.00 for the remainder of the year.
- The number of people using the Centre was over 15,000 which includes volunteers, programs, meetings, socials, rentals, drop-ins and City workers.
- Thank you to Krista W. and Madeleine for their help and thank you to Kelli Henderson for volunteering to be on the Committee.

(e) Nominations-Shelley Petley:

- Board of Directors were elected in 2023 for a 2-year term (2023-2025). There are currently three Acting positions which are Secretary, Volunteer Committee Chair and Program Committee Chair.
- Thank you to Susan Wright for staying on as Program Committee Chair, long after her term was up.

(f) Program-Susan Wright:

- There was a surge of exercise programs in 2023.
- Stepping Stone Singers returned to the Centre in late spring.
- Fall of 2023 Northern Lights Line Dancing returned to the Centre at the Cultural Centre.
- In November, the first Scrabble Tournament took place. There are plans to offer a variety of tournaments in 2024.
- New program, Centre Without Walls, was introduced. This is an opportunity to reach out to the community beyond the walls of the Centre.
- Grant application to Parkland was approved and will go towards bus trips.

(g) Volunteer-Sandra Dewar:

- Sandra assumed acting position in September 2023.

- A Committee has been established (Beryl Smith, Brenda Dorcas & Angela M.).
- Volunteer numbers in September were around 50.
- Unable to give accurate volunteer hours for 2023, due to change in September of Volunteer Committee Chair. Sandra will provide an accurate account at the 2025 AGM as well as a list of what volunteers do.
- The plan is to have a meet and greet in April.

*Beryl commented that Sandra has been doing a great job.

(h) City of Fredericton-Kate Baird:

- Recreation & Parks are developing a plan for the next 15 years. There is a survey on line. Would be beneficial to complete the survey as it gives a chance for your voice to be heard.
- The City of Fredericton has partnered with N.B.C.C. on a project to update the Senior Services Directory. It will list all services available in the city for seniors. The directory will be on line and if a service is not listed, let Kate or Madeleine know.
- The website is being updated to make it user-friendly for seniors. Input is welcomed.
- Partnership with S.S.S.C. works well and is the strongest partnership the city has.

*Madeleine commented that what Kate does for the Centre; it is always done ASAP.

(i) Communications-Anne Marie Hartford:

- Ad Hoc Committee.
- Terms of Reference and a Communications Plan were developed and approved by the Board.
- A new brochure was developed for the Centre. A poster is being developed for the Centre, so posters can be left on bulletin boards at various places.
- A Sponsorship Opportunity document was developed to seek funding for the monthly breakfast. (Beryl asked for a copy of the document).
- The host for the website has been changed with help from GFSI.

(j) Motion to Accept Reports was moved by Heather Williams and seconded by Beryl Smith.

(8) Proposed Changes to By-Laws: Anne Marie Hartford.

Article 1(g): add "Officer".

Article 3: Corporate Seal & Records, change "rest with the Secretary", to "shall be kept "at the registered office of the corporation.

Article 5 d) and e): change "to cancel a membership, the member needs to provide written notice to the President", to cancel a membership, the member needs to provide written notice to the Board".

Article 6.1 (iv): Composition of Board – change “a representative designated by Community Services Dept. of the City of Fredericton”, to, “the representative on the board is designated by the City of Fredericton”.

Article 9.2 (a) Notice of Meetings – the methods to notify the members and the public are generalized. Add “to the membership and to the public by all our communication means”.

Article 9.3 (c) Quorums for Meetings – change “at least 50%, to “for Board and Committee meetings, a minimum of 51% of the members.

Article 10.3 (d, e) Secretary –both removed, as neither item is performed by the Secretary.

Article 10.5 (a, c) Past President – a and c will be removed as the Nominating Committee will no longer be a Standing Committee. Orientation to new board members will be included in the Policy Manual

Article 16 By-Laws – Add, “proposed changes at least four (4) weeks in advance by using current communication channels”.

Article 17 Resolutions – Add, “using current communication channels”.

Article 18 (b) Holding and Dissolution of Property – new wording “in the event of dissolution of the corporation and after payment of all its debts, its remaining property shall be distributed to a charitable organization (s)”.

(9) **Elections of Board Members-Shelley Petley:**

Nominations:

Secretary-Kelli Henderson

Volunteer Committee Chair-Sandra Dewar

Program Committee Chair-Marie Lewis

Shelley asked members, “are there any further nominations from the floor” x3 for each person nominated. There were no other nominations. Shelley declared above people to positions. Term starts today and is for 2 years. The Nominations Committee is now Ad Hoc. The Communication Committee is a Standing Committee now. Anne Marie nominated Shelley Petley for the Chair. Shelley accepted.

(10) **New Business:**

(a) **Senior Centre Without Walls:** Madeleine invited Lynn who is involved in the program to join the meeting.

- Lynn reported that the program first started in Manitoba 30 years ago. Allows people who are not mobile, have transportation problems, health problems etc. to listen in on events by telephone.
- Calendar is now being used, so participants can know the topic/event in advance and choose. Held weekly. Participants do not have to register and do not have to attend on a regular basis.
- Francophone seniors are starting to join in.
- Contact on Grand Manan. Tapping in to Ontario program.
- Currently, have funding for the program, but how do we continue afterwards?
- S.S.S.C. is the pioneer of the Atlantic Provinces. A phone number is created, participant calls Madeleine with name and phone number. On the day of the

event, Lynn calls them. Program is a way to promote the Centre. Not taking Zoom away but adding another way to participate. It's fun to connect in another way. Numbers are not high currently, but we tend to focus on numbers and not the value of a program.

*Madeleine suggested that program can be used for people to listen to Troubadours, Concerts, Coffee and Chat and other groups at SSSC.

*Grant made comment that if people only have a landline and the phone is not working and people do not have a cellular, the program does not work. As well as if the person is hard of hearing or deaf.

- (b) Kitchen Renovations: Madeleine reported the renovations start April 8th, 2024. Two large sinks to be replaced. The city purchased the sinks and SSSC will pay for countertop.
moved.

Other Business: Grant will send a letter to Vince Kelly to thank him for donating Strawberries to the Centre.

- (11) The meeting was **adjourned** at 3:31 p.m. Moved by Krista and seconded by Donna.

Respectfully submitted,
Kelli Henderson, Secretary

President's Report to AGM

I hope everyone who reads this report realizes just how proud and honoured I am to have been your President and your representative- the voice of the Stepping Stone Senior Centre in our Community. That has afforded me so many opportunities that I may never have had in retirement. I don't think I have said no to any chance offered to spread the word about our Centre.

I want to begin with one of the highlights of this past year. We were preparing for the International Day of the Older Person on October 1st under the campaign, Seniors and Climate Change. I received an e-mail with a picture of the Logos of the groups and organizations from across Canada that were involved. If I remember correctly, there were close to 70. Right next to the SSSC logo was the David Suzuki Foundation logo- pride to burst buttons. We can't drop our participation in this very important issue. Why? Our health and lives are impacted every day, all over the world. There are plans forming for National action on Earth Day, April 22nd of this year. There will be more information to come.

Other highlights- Every time we pack up and deliver the items donated to Greener Village. The cheque for \$905 that I delivered on your behalf to the Lincoln Food Bank raised at the SSSC Make the Season Kind concert at the Intercultural Centre. Our very own musicians, the audience who supported our efforts, the volunteers, the setting, the punch and cookies= a successful and great time had by all for a great cause.

Partnerships continue to grow:

-The Intercultural Centre: For fun and companionship- A Canada Day Show with the Stepping Stone Troubadours; The Senior Prom with residents from Shannex Medley Hall arriving by bus; and the Stranger Dinner celebrating Intergenerations with students from around the world. The growth of our four Line Dance classes every Wednesday, resulting in more and more seniors learning, socializing and enjoying themselves.

-The NB Community College: Students providing Tech Help in such a respectful and knowledgeable manner. I don't think there was a question that didn't get answered- Intergenerational learning. Plans in the making to perhaps include Tax Clinics.

-The Multicultural Centre- Digital Learning classes for our members. Setting up their classrooms on two days a week to teach seniors.

-The International Students : Coming to Fredericton from around the world and with their home parents donning aprons and serving breakfast and assisting with the cleanup.

- City of Fredericton: Completed kitchen upgrades by installing 3 new sinks with spray mechanisms, new countertops, moving cabinets, and painting. Then going on to paint the Boardroom. Not forgetting the continued maintenance of the building and property.

- Recreation New Brunswick: Planning now to host Provincial Summer Games for 55+ between June 19 and 21 in Fredericton. The Centre's doors will be open. More to come.

- UNB and STU- Open communication with information on research into Aging and involvement of members in studies and Pilot projects. Ongoing Mental Health Workshops

Rentals that not only bring revenue to the Centre but bring new friends, visitors and new members. The opportunity to be an election poll brought in almost 2600 people to the Centre over the 3 days. Many commenting “ I never knew what this was”. Lots of promotional material such as calendars and brochures handed out.

Conducting the Business of the Centre: Meeting in person at least 9 times and in between as required. Sharing reports, reviewing finances, learning from our Summer Students, linking with our partners. Always fulfilling our responsibility in a professional manner to keep the Centre safe and on the right track. Truly a winning team effort. You will learn of their work and commitment at they present their reports. My thanks to all of you. I am so proud to be a member of this team.

Madeline Gaudet,

President.

TREASURER'S REPORT: Fiscal year 2024

After several years of overcoming obstacles, the Centre continues to be on a solid financial footing, having weathered a storm or two which had reduced membership numbers, volunteers, fundraising activities, and hours of operation, all of which contributed to a decrease in revenue and some deficit forecasting. However, we cannot rest on our laurels. Our target market is increasing in size, the needs are becoming more complex, we've outgrown our facility, and our volunteers are getting tired. However, the opportunities are enormous in number. Together we can seize them.

2024 was a very successful year. Our revenue was \$25,547 higher than forecast while expenses were \$10,346 higher than projected. A deficit of \$6,525 was expected but we ended up with a surplus of 8,676. This was achieved as a result of a number of factors including a significant increase in donations from The Friends of Stepping Stone Campaign, other donations, fundraising like the sale of items such as preserves, our very popular breakfasts, and other good news stories including an increase in grants from a number of sources.

For 2025 we are forecasting a deficit of \$2,520. The successful operation of a seniors' activity centre is no easy task but it can be done through a team approach led by Madeleine and the Board plus a dedicated membership where all come together to get things done. We are very fortunate to have such a winning recipe. Thank you to all who play a role.

As you will see in the reports presented today, many volunteers played a critical role in this success by continuing with what works, making important changes where beneficial, through hard work, improved efficiencies, and increased effectiveness of our operations.

I recommend we keep the present bookkeeper for 2025.

This is my last year on the Board and I can attest to the fact that my experiences over the years here have been very rewarding. I'm confident that your new Board will continue the storied tradition of our Centre much to the benefit of all.

Included in this report are a financial review letter from the company that does our bookkeeping, financial statements for 2024 and a budget for 2025.

Mike McCormick

Treasurer

Stepping Stone Senior Centre Inc.

Comparative Income Statement

	Actual Jan 01, 2025 to Jan 01, 2025	Budget Jan 01, 2025 to Dec 31, 2025	Percent
REVENUE			
Memberships and Program Fees			
4203 Annual Membership Fees	0.00	15,400.00	-100.00
4204 Body Fit - Line Dancing 2	0.00	2,400.00	-100.00
4206 Performance by Design	0.00	2,000.00	-100.00
4207 Body Fit - Line Dancing 1	0.00	500.00	-100.00
4208 Body Fit - Yoga	0.00	600.00	-100.00
4209 Body Fit - Adaptive Yoga	0.00	600.00	-100.00
4211 Fluid Dance	0.00	100.00	-100.00
4212 Body Fit- Tai Chi	0.00	800.00	-100.00
4213- Tai Chi 2	0.00	1,000.00	-100.00
4214 Rental Fees	0.00	3,000.00	-100.00
4215 Cards and Games - Bridge	0.00	2,500.00	-100.00
4216 Strength and Stretch	0.00	600.00	-100.00
4218 Arts and Music	0.00	300.00	-100.00
Total for Memberships and Fees	<u>0.00</u>	<u>29,800.00</u>	-100.00
4400 Donations and Grants			
	0.00	8,000.00	-100.00
4405 Friends of SSSC	0.00	2,000.00	-100.00
4410 Other Donations with Receipt	0.00	8,193.00	-100.00
4420 Grants - Federal	0.00	7,187.00	-100.00
4425 Grants - Provincial	0.00	2,500.00	-100.00
4427 Grants -Shannex	0.00	3,000.00	-100.00
4452- Corporate Sponsor	<u>0.00</u>	<u>30,880.00</u>	-100.00
4500 Fundraising Events and ...			
	0.00	800.00	-100.00
4505 Coffee Sales	0.00	6,000.00	-100.00
4510 Sale Table - Preserves	0.00	2,000.00	-100.00
4512 Sale Table - Other	0.00	15,000.00	-100.00
4515 Breakfasts	0.00	1,500.00	-100.00
4516 50/50 Sales	0.00	2,000.00	-100.00
4520 Pie Sales	0.00	500.00	-100.00
4525 Socials and BBQ	0.00	500.00	-100.00
4535 Concerts and Theatre	0.00	1,200.00	-100.00
4540 Yard Sale/Craft Sale	0.00	600.00	-100.00
4545 All other Events and Sales	<u>0.00</u>	<u>30,100.00</u>	-100.00
Other Revenue			
	0.00	300.00	-100.00
4610 Miscellaneous	<u>0.00</u>	<u>300.00</u>	-100.00
TOTAL REVENUE	<u>0.00</u>	<u>91,080.00</u>	-100.00
EXPENSE			
Payroll Expenses			
	0.00	52,000.00	-100.00
5105 Wages & Salaries	0.00	1,100.00	-100.00
5110 EI Expense	0.00	2,500.00	-100.00
5120 CPP Expense	0.00	600.00	-100.00
5130 WHSCC Expense	<u>0.00</u>	<u>56,200.00</u>	-100.00
General & Administrative Expe...			
	0.00	2,500.00	-100.00
5210 Insurance	0.00	2,000.00	-100.00
5220 Telephone and Internet	0.00	2,000.00	-100.00
5230 Photocopying and Printing	0.00	2,000.00	-100.00
5240 Office Supplies	0.00	2,000.00	-100.00

Stepping Stone Senior Centre Inc. Comparative Income Statement

	Actual Jan 01, 2025 to Jan 01, 2025	Budget Jan 01, 2025 to Dec 31, 2025	Percent
5245 Software/Website	0.00	1,000.00	-100.00
5260 Professional Fees	0.00	1,000.00	-100.00
5265 Bookkeeping	0.00	2,500.00	-100.00
5270 Maintenance - Cleaning	0.00	5,400.00	-100.00
5275 Covid Expenses	0.00	200.00	-100.00
5280 Maintenance - Other	0.00	1,000.00	-100.00
5285 Offsite Program Rental	0.00	100.00	-100.00
5290 Miscellaneous Kitchen Sup...	0.00	1,000.00	-100.00
5300 Training	0.00	1,000.00	-100.00
Total General and Admin.	<u>0.00</u>	<u>21,700.00</u>	-100.00
Fundraising and Sales Expens...			
	0.00	250.00	-100.00
5510 Friends of SSSC	0.00	7,200.00	-100.00
5520 Breakfasts	0.00	600.00	-100.00
5530 Pie Sales	0.00	300.00	-100.00
5540 Socials and BBQ	0.00	2,000.00	-100.00
5550 Preserves (ingredients)	0.00	300.00	-100.00
5560 Concerts and Theatre	0.00	250.00	-100.00
5570 All other Events and Sales	0.00	150.00	-100.00
5575 Bridge Luncheon	<u>0.00</u>	<u>11,050.00</u>	-100.00
Other Expenses			
	0.00	200.00	-100.00
5610 Social Activities/Events	0.00	1,200.00	-100.00
5614 - LD2	0.00	100.00	-100.00
5615 Program Expenses	0.00	3,000.00	-100.00
5617 Centre without Walls	0.00	100.00	-100.00
5630 Bank Charges	0.00	50.00	-100.00
5640 Miscellaneous	<u>0.00</u>	<u>4,650.00</u>	-100.00
TOTAL EXPENSE	<u>0.00</u>	<u>93,600.00</u>	-100.00
NET INCOME	<u><u>0.00</u></u>	<u><u>-2,520.00</u></u>	-100.00

Coordinator's AGM Report

February 26th 2025

Listing of ongoing work-

- Set up the use of Zoom/Teams for programs and committee meetings both online/in person.
- Monitor the use of Zoom/Teams.
- Attend and report to Board, Program Committee, and Fundraising/ Events Committee and Communication Committee meetings.
- Record daily finance tally; summarize the tally at the end of each month then forward to the bookkeeper; and prepare Bank Deposits three times a month.
- Prepare and send out weekly updates and the monthly calendar for membership.
- Ongoing contact with Program Facilitators.
- Mentor and supervise summer student.
- Maintain the Centre's profile on social media- including Facebook and the website.
- Preparing notices of new programs, signup sheets, posters for all events and posting them within the Centre.
- Daily connecting with the President.
- Liaise with the Vice President, Treasurer and Secretary on an ongoing basis.
- Continuous learning.

Respectfully submitted by Krista Wilson- Coordinator



Stepping Stone Senior Centre Communications Committee Annual Report 2024

The Communications Committee is comprised of seven members and, as per the Board-approved Terms of Reference, met six times this past year.

Items of major interest were the development of a brochure, PowerPoint presentations, a stand-up banner, and a promotional poster.

- The brochure was finalized and printed with money from a grant from New Horizons for Seniors.
- Two PowerPoint presentations were developed: one to be taken on the road to promote the Centre to the public, and the other for the specific purpose of requesting sponsorship for the monthly breakfast.
- The appropriateness of a stand-up banner was explored; it was decided not to acquire one as it is too heavy to carry and awkward to put up. A tablecloth with SSSC logos has been designed instead, to be used at all promotional events.
- A promotional poster was finalized and will be circulated to all seniors' buildings in the City, as well as to other appropriate locations like grocery stores and drugstores.

Other materials were also developed, including an *About Us* document which was placed on the website. A camera and tripod, purchased thanks to the grant from New Horizons for Seniors, will assist in creating more content for our Facebook and website.

Two committee members were designated to assist our Coordinator Krista as Administrators of the Facebook page, which allowed for easier/quicker posts of events such as outside performances by our musical groups, as well as coordinated responses to Facebook Messenger posts.

The Weekly Update, the monthly Calendar, and the Programs & Activities handout were reviewed and improvements made.

In 2024 the Centre had promotional displays at the Garrison Market twice, at the Seniors' Expo at Leo Hayes High School in October, and at a symposium by the Centre for Innovation & Research in Aging (CIRA).

Our federal summer student did a review of senior centres across Canada with a view to learning what we can do better and gathering new ideas. This Committee is always open to suggestions from all members on how we can improve communications not just to the public, but also to our own SSSC family.

Shelley Petley, Chair

Fundraising and Events Committee AGM Report

AGM February 26, 2025

Submitted by: Krista Steeves, Chair of Fundraising and Events

Submitted on: January 20, 2025

On behalf of the Fundraising and Events Committee, we submit and are grateful to the dedicated volunteers who are the foundation of all of our events. A massive thank you firstly to the committee, Sandra Dewar, Terry Embelton, Grant Good, Vikki Sears, Krista Wilson and Madeleine Gaudet. Secondly, huge thanks to the event volunteers without whom, nothing would take place. We have over 25 dedicated volunteers at our monthly breakfasts that include members, friends, former student interns, International students and their homestay parents. Make sure to thank them in person as you meet them at each and every breakfast. The same people also make themselves available for apple pie and crisp production, really they simply ask when and how they are needed and show up for everything. We have a group of students and grandchildren who are an awesome clean up crew.

Food costs are up and we have a goal of having a sponsor for each breakfast. It costs \$600 to cover the costs of one breakfast and each and everyone of us has community connections. In 2024, half of our breakfasts were sponsored with yearly repeat sponsors and we would love to have 12 annual sponsors. We could use your networking help. Reach out to me at kristasteevesfamilyfriend@hotmail.com to volunteer or follow up with a potential breakfast sponsor.

2024, breakfast numbers have been growing including holiday weekends and summer. The sale table, jams, bags of tea biscuit and 50/50 all do well at every breakfast. We have a devoted breakfast following of members as well as the general public. In fact the general public are biggest support (80% GP to 20% SSSC members) We have seen a full house at every breakfast including two summer holiday weekends. Continuous sale table, yard sales, apple pie and crisp sale continue to be a part of our regular fundraising offerings.

Our annual events have either met their target goal or surpassed it and the numbers support this. In 2024, revenues from Fundraising and Events have helped in a significant way to almost diminish the pandemic deficit.

Our second annual Feed a Family Christmas concert raised approximately \$1000 once again and thank you to all who sang, played and attended.

We had two shining events in partnership with the Fredericton Intercultural Centre which had a New Horizon Grant, The Seniors Prom and The Stranger Dinner. The feedback was so positive and exciting. Overwhelmingly, people would like these events to happen yearly. We will have to find a way to cover the costs of these and we look forward to exploring how we can.

Our goal in 2025 is to see more SSSC members support our fundraising events and to reach out and recruit general public supporters and/or family to become members.

AGM MEMBERSHIP REPORT FOR 2024

The total number of members for 2024 was 636, surpassing the budgeted 600 by October 3rd. This number is an increase of 77 members, or over 12%, from last year. We also surpassed our budgeted income of \$13,000. The cost per membership is holding at \$25.00 until October 1st when the cost decreases to \$10.00 through to December 31st, after which we start up again in the new year.

By year end, over 18,500 people made use of the Centre and its affiliated places. This would include volunteers, program attendees, various meetings, socials, renters, a variety of events (like breakfast, yard sales, etc.), drop ins, and city workers, excellently representing the seniors in our community.

Much appreciation to Krista Wilson, Kellie Henderson, and Madeleine Gaudet for their help, support, and guidance throughout the year. Our many thanks are extended to all members for supporting the Stepping Stone Senior Centre. Hopefully we will see all of you in the coming year.

Respectfully submitted by,

Liz Morency

Membership Chair

PROGRAM COMMITTEE YEAR END REPORT

How can it be 2025? Here we are into a New Year and I find it difficult to accept another year has passed. When Madeleine approached me in regards to being part of the Board and Chairperson of the Program Committee, I was honoured yet concerned that I would be unable to have the skills to do the job. However, much to my pleasure, the Committee has guided me through that learning curve. Although I have much more to learn, I've enjoyed the lessons the Board has taught. Making me aware of the many Senior issues that need addressed, the Centre continues to reach out to many and to try to offer as many programs as possible to meet the needs of those over 50. Forums, covering a broad range of issues are made available to all those interested. Activities from Tai Chi, dance, fitness, mobility classes, line dancing and much more, all with the best interest of healthy aging are offered here at the Centre. Other interests are also available such as cards, creative seniors, cryptic crossword, mahjongg and we can never forget those who are musically inclined, the Troubadours, String along, Ukulalians, Acoustic Jam, Stepping Stone Singers and the Harmonica group. Such a broad range to keep those interested and returning for more.

My biggest involvement this year was the planning of a Bus Trip to McAdam to see the Christmas Festive Train Station. I will not say that the planning was straight forward, however, once all the T's were crossed and the I's dotted, the trip was deemed a success.

I very much look forward to continuing my Position into this year and witnessing any new Programs that are brought forward.

Many thanks to the Program Committee .

Sincerely Submitted

Marie Lewis

Volunteer AGM Report

A volunteer list for those who worked at the front desk was generated by hours worked. There were 24 volunteers who contributed. The graph was created using hours worked by a) volunteer and by b) Month for the year 2024. The total number of hours worked for 2024 totalled 1637. There were also 11 volunteers who worked in the kitchen , served the food, and helped people to their table as well as sold 50/50 tickets at the door. They were there for four hours each breakfast for a total of 528 hours for the year. In addition there were many other volunteers who helped customers after they were seated and/or helped with the clean up. Other events attended by various volunteers were apple pie and apple crisp making, various craft and bake sales , yard sales, working a table at the Thursday evening Market in downtown Fredericton and finally working a table at an event at Leo Hayes High School.

The Volunteer Committee had a meeting on October 28,2024 to reword our Terms of Reference document and was approved at board. A group of front desk volunteers were brought in to a training session by St. John Ambulance on November 20,2024 which also included a refresher on CPR and it was favourably received. Subsequently certificates were issued .

So this past year has been a work in progress to maintain our Volunteer board and recruit and train new volunteers if offered from our membership applications. Work is in progress to develop group e-mail lists for a) front desk volunteers b) Fund Raising and Events volunteers list and c) Breakfast volunteer list which will include kitchen volunteers and servers volunteers.

So that being said, I would thank Madeleine Gaudet and Krista Wilson our coordinator as well as my many volunteers who have unselfishly donated their time over the year which has made my life as chair much easier.

Respectfully Submitted

Sandra Dewar(chair of the Volunteer Committee)